

Why we must forgive ourselves for our past sins.

One of the tactics of Satan is to remind us of our past. All of us have sins and failures that we are ashamed of. We get flashbacks of these sins from time to time. If we dwell on these memories, then we open ourselves to condemnation. We condemn ourselves. God has forgiven our confessed and repented sin, but we focus on the flashback, because the sin is so grievous to us. This is how we are trapped and rendered no threat to Satan because we are no longer focused on Christ.

God has declared in Romans 8:1 "there is no condemnation to those in Jesus Christ".

If God forgives us and doesn't remember our sin against us, we must forgive ourselves too. When we do remember our sins against ourselves, we lockup spiritually.

We are to be FREE before God and enjoying His Forgiveness. We must resolve to forgive ourselves even as God has forgiven us. Going back and grieving over past sin is not really gasping the totality of His infinite love. He knew us before he created the world. He knew we would sin. He planned to send Jesus to die for that Sin—which He did. He wants us to be Free from it, so do not bind yourself with condemnation. It grieves the Holy Spirit to do so. We must cast down the flashbacks by remembering and claiming the blood of Jesus and then we can enjoy the love and peace he gives to us.

Perfect peace comes to those who keep their Minds fixed, locked on Jesus. Forgive yourself because God has already done it. Focus on Jesus! Look forward to what ahead, forgetting the past. Enjoy your Freedom!

David W. Mastbrook, March 29, 2009